Remember: We are all combinations of each style.

DiSC Styles in meetings



D styles

- prefer minimal small talk and side chatter
- appreciate an agenda that everyone sticks to



i styles

- flourish when given the opportunity to express personal opinions
- like to have open discussions with others



S styles

- feel comfortable when provided with an outline in advance
- prefer meetings where everyone has a chance to be heard



C styles

- don't respond well to making big decisions that feel rushed or pressured
- often need all the details before taking a stance



